



*Discipline With Purpose: Nurturing a Child's Self-Discipline* can be a valuable resource for parents, educators, grandparents and home schoolers. For the past 35 years, thousands of adults have been devoted to building and maintaining a school and home culture where young people learn and practice skills of self-discipline. This information, previously available only in seminars and workshops conducted throughout the United States, is now being offered in this 220 page book. \$19.95 available at [www.selfdisciplinedwp.com](http://www.selfdisciplinedwp.com)

The author has discovered a way to define self-discipline in simple terms so that skill mastery can begin as early as age five. The suggestions in this reference book for teaching the 15 self-discipline skills include best practices in teaching, experiential exercises, poetry, songs and stories that illustrate the skills in action.

*As a Clinical Psychologist, I believe this book to be solid and important in developing critical social skills and self-discipline from which all children will benefit.*

- Steven C. Riggert MBA, Ph.D Clinical Psychologist

At Peru State College, we offer the graduate course "Moving from Discipline to Self-Discipline" as part of our MSED degree program. This course has consistently been a favorite amongst our students in our graduate program. Teachers find immediate use in the classroom, topics from the fifteen-skill framework to suggestions for ways to nurture self-discipline. The curriculum offers strategies to move from punishment to discipline to self-discipline within the classroom! I consider this book a "must-read" for classroom teachers today!

- Dr. Greg Seay | Dean ~ Peru State College Graduate Programs

*When I began to read "Discipline With Purpose" I thought it was primarily for teachers but the more I got into it, I realized that its message is as important for parents. I realized too that DWP is a process, more than a program. Employing the wisdom of this book, both in the classroom as well as at home, will make for a more civilized society.*

- Janaan Manternach, Author, Catechist and Professor

*"Knowing about the fifteen skills is like knowing a secret. It is something that has been there all along but I didn't know how to look for it or use it." - (Joanne Kerins, educator and parent)*