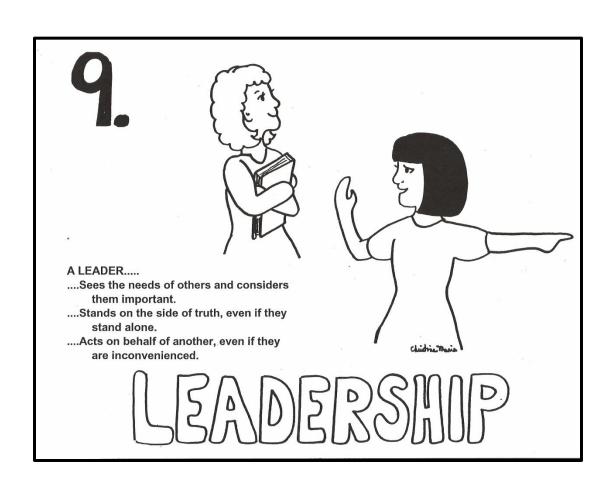
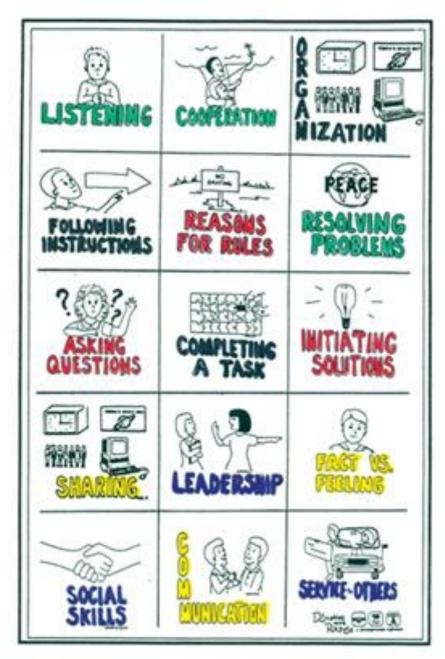
## REVIEW AND TIPS FOR TEACHING THE SELF-DISCIPLINE SKILL OF EXHIBITING LEADERSHIP



## Teaching Self-discipline: 15 Essential Skills



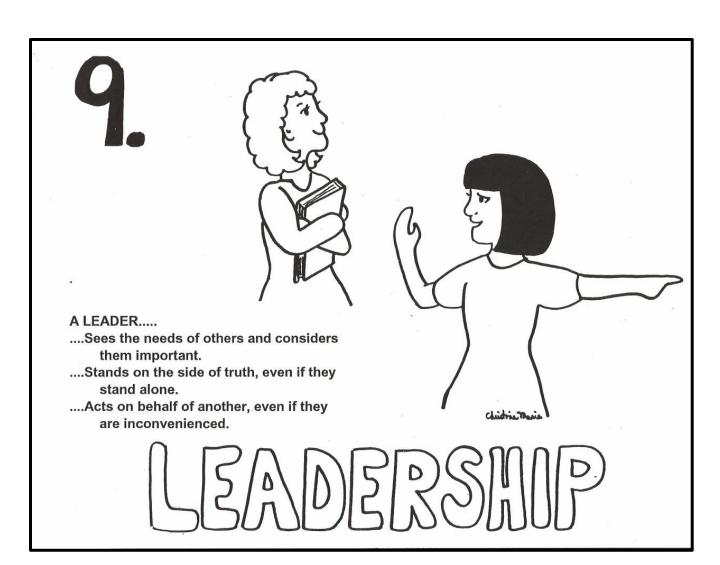
The skill of Leadership is related to the ability to demonstrate Social Skills and to Serve Others.

#### Skill #9

### Teach the skill of EXHIBITING LEADERSHIP to:

- 1. Assist students to take a personal stand on issues.
- 2. Help students go against negative group pressure.
- 3. Teach students to identify unsafe, illegal or immoral actions.
- 4. Distinguish for students the difference between positive and negative leadership.
- 5. Help students self-evaluate their ability to demonstrate the qualities of a leader.

#### **Skill Illustration**



Gesture for the skill—

Raised hand to volunteer.



# Children have a right to know the values of their heroes

THERE ARE HIDDEN QUALITIES ABOUT HEROES THAT ARE NOT OBVIOUS TO CHILDREN.

#### HEROES...

- ... See the needs of others and consider them important.
- ... Stand on the side of truth even if they stand alone.
- ... Act on behalf of another even if they are inconvenienced.









#### **QUALITIES OF A LEADER**

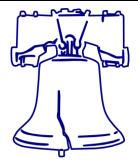
## Sixth graders listed these leadership qualities

- 1. Works to build-up others
- 2. Listens to others
- 3. Does whatever it takes to accomplish a task even if it means more work and less play
- 4. Are well liked and uses social skills
- 5. Respects everyone's ideas
- 6. Uses good communication skills
- 7. Restrains their impulsivity
- 8. Offers to teach and help others
- 9. Sticks up for victims
- 10. Are trustworthy
- 11. Can problem solve and are able to make decisions
- 12. Are able to complete tasks on time
- 13. Are positive and nice to be around

#### LEADERSHIP IN SCHOOL

#### Leaders for school should be able to:

- Explain the school motto, colors, mascot, mission statement.
- Sing/recite the school song
- List and explain the all school and classroom rules.
- Orient new students to the school in a positive manner.
- Make visitors feel welcome.
- Stand up against bullying, hazing or cliques.
- Conduct a class meeting or committee meeting.
- Set agendas and stick to them.
- Make a plan and set goals.
- Identify tasks and delegate responsibilities.



#### CITIZENSHIP PLEDGE

I am responsible for all my actions and behavior today. I will listen, do my work, and learn.

I will respect the feelings, property, and rights of others
I will be a good citizen by doing what is right, not because
I am being watched by adults, but because it is the
right thing for me to do for myself and for others.

#### **Practice and Observe**

MY LEADERSHIP CARD  Name		
QUALITY	CHECK	KEY WORDS
Worked to build people up.		
Supported the class in a positive		

- 1. Duplicate cards
- 2. Give one to each person who wants to practice leadership.
- 3. For one week each time you observe someone in a leadership position place a check in the box and write a key word that will help you remember what they did.
- 4. At the end of the week share your observations with the class.

## WHAT QUALITIES WILL OUR CLASS BE KNOWN FOR?

Invite students to define themselves as a CLASS by selecting skills that represent them as a group.

Form an acronym using the word CLASS.



L istens

A sks appropriate questions

S ocially interacts with everyone

S tands up against bullying



## USE QUOTES TO HIGHLIGHT LEADERSHIP

"A winner makes commitments; a loser makes promises."



- Unknown

"Stand with anybody that stands right and part with him when he goes wrong." – Abraham Lincoln

"Standing in the middle of the road is very dangerous; the traffic from both sides knocks you down." – Rev. 3:15

"A man who wants to lead the orchestra must turn his back on the crowd." – Max Lucado

"Don't find fault. Find a remedy." – Henry Ford

#### **Homework Assignments**

#### Leadership

- Read the daily paper and select two people in the news who show the three qualities of a leader.
  - Sees the needs of another and thinks they are important.
  - Stands on the side of truth even if they stand alone.
  - Is willing to be inconvenienced for the sake of others.
- Tell one of your parents about a time when you thought they were a leader.
- Watch one family TV show looking for the 3 qualities of a leader listed above. Then decide who in the show was the best leader.
- Think of a popular role-model and explain how they show the three qualities of a leader.

#### How Teachers Model Leadership

- They are consistent in carrying out procedures listed in the school handbook even if they are not popular with the students.
- They work to turn negative conversations among staff members into something productive and positive.
- If they are a committee leader they delegate responsibilities.
- They serve as a mentor to a student in the school who is having difficulty.
- They invite students who are well versed in technology to mentor them.

#### **Assessing Progress**

- Use a rubric to assess progress.
- Show students the rubric after the skill is introduced
  - Lacks knowledge or willingness
  - Needs assistance
  - Basic mastery
  - Proficiency
- Let students self-evaluate at the end of the three weeks practice.
- Share this information with parents.

(See sample rubrics <u>from Assessement Made Easy</u> – Tara Kassi)

#### REFLECTION

- 1. Identify something you learned or re-learned from this presentation.
- 2. Name one action step you will try each of the next three weeks.
- Review with students the three hidden qualities leaders possess. (Slide 5)
- Teach students the Citizenship Pledge found on slide 7 and plan to recite it each morning.
- Invite students to carry the leadership card on slide 8 and for one week observe others who practice the skill of leadership. Plan a time for students to report what they observed.
- Assign one of the homework activities suggested on slide 11.
- Use one of the methods suggested on slide 12 to help students keep track of their skill practices.