SEPTEMBER TIPS AND INFO

CHANDLER DWP WORKSHOP: July 31-Aug 1, 2017

Chandler workshop participants, If you would like to have the resources mentioned in the Chandler, AZ workshop please go to: www.tinyurl.com/dwpsmb

In addition, if you have not yet done so, please complete the survey using the link provided on the website

listed above. We want to provide the types of resources that

you are looking for to help you be successful in your implementation of DWP.

FOUR WAYS TO TEACH SELF-DISCIPLINE SKILLS

As a new school year begins, recall that the four ways to teach self-discipline skills include a process and a product.

1. MODELING:

PROCESS: Adults demonstrate by their actions that they know and choose to use the skills.

PRODUCT: Positive, self-assured adults who confidently teach skills whenever they are missing.



2. **PRE-TEACHING**:

PROCESS: Skills needed in any activity are reviewed before the activity takes place. **PRODUCT:** Checklists or T charts listing skill actions used before the activity and to evaluate the activity.

3. INFUSION:

PROCESS: Skill language/vocabulary used daily. Skills are woven into existing curriculum. **PRODUCT:** A common vocabulary is developed throughout the school.

4. USING A CURRICULUM:

PROCESS: An introductory lesson explaining the difference between discipline and selfdiscipline is taught after classroom rules and a discipline cycle are in place. Skill lessons taught once every 3 weeks with time for students to practice the skill. **PRODUCT:** Children who self-monitor their growth in mastering the fifteen skills.

DISCUSSION QUESTION FOR TEACHERS AND PARENTS

This month reflect on and discuss with another adult the following question.

When you find children's behaviors to be annoying, is your tendency to want to 'fix them' or 'teach them'?

